

PRAYER JOURNAL

Use this for personal prayer and
reflective journalling

ALL ABOUT ME!

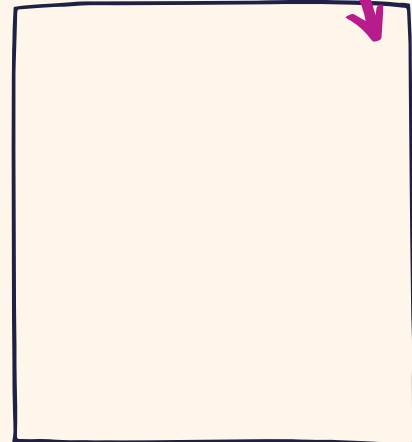
PICTURE OF ME OR SOMETHING
ABOUT MYSELF

MY NAME IS _____

I AM _____ YEARS OLD.

I AM FROM _____

I AM EXCITED ABOUT _____

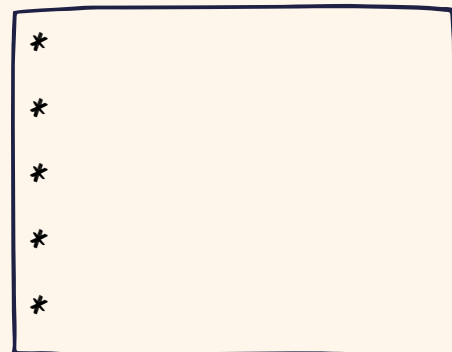


WHAT DO I THINK ABOUT PRAYER AT THE START OF THIS BOOK



PEOPLE YOU KNOW THAT PRAY?

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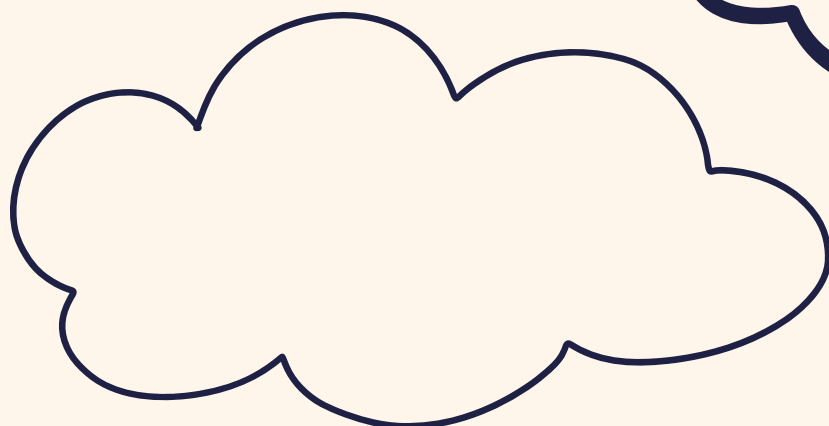
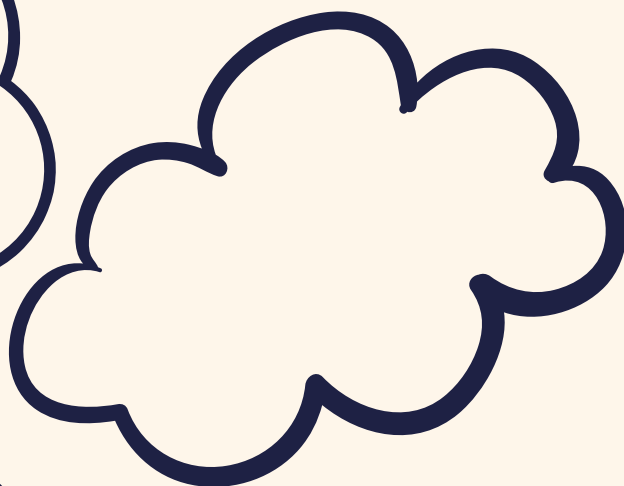
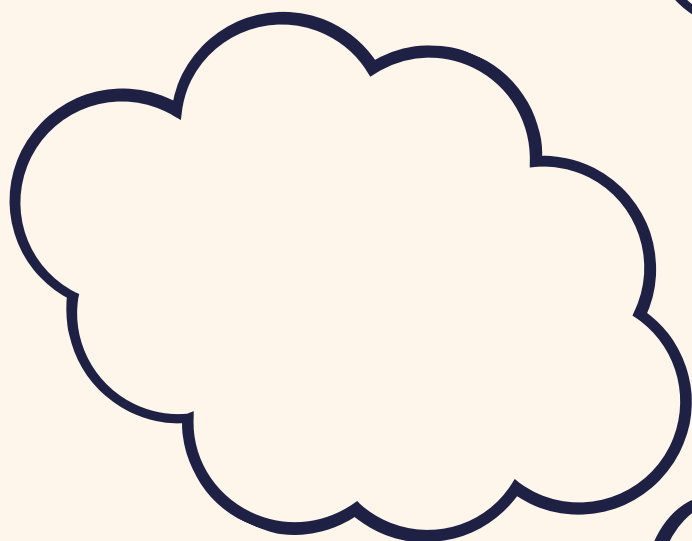
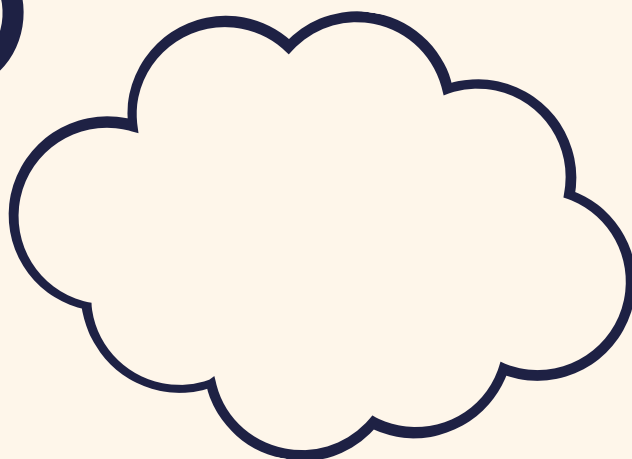


WHAT STOPS PEOPLE FROM PRAYING?



ARE THESE WHAT STOPS YOU?

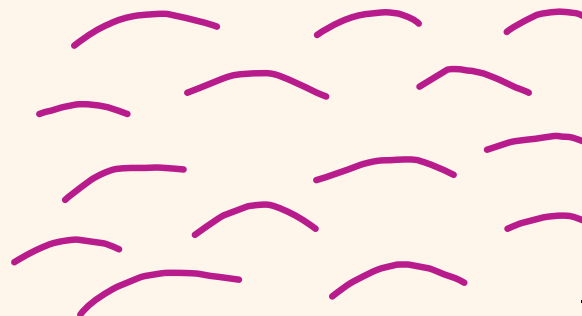
**USE THIS SPACE TO CAPTURE WHAT
GOD'S TALKING TO YOU ABOUT**





WHAT MAKES A PRAYER A PRAYER?

What do you think you need to make a prayer a prayer? Is it your posture, how many words you use? Have a think and jot down some ideas below.



WHY DO YOU PRAY?

Prayer is important, and it's always good to stop and think about why we come to pray our personal prayers.

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WHAT PRAYER REQUESTS DO YOU HAVE?

"Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart. And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus."

Philippians 4:6-7 GNT

LET'S WRITE A PRAYER TOGETHER

SOME THINGS YOU COULD INCLUDE:


- SOMETHING YOU'RE THANKFUL FOR
- SOMETHING THAT YOU'RE STRUGGLING WITH
- SOMETHING THAT YOU'RE HAPPY OR EXCITED ABOUT
- A PRAISE TO GOD
- A REQUEST



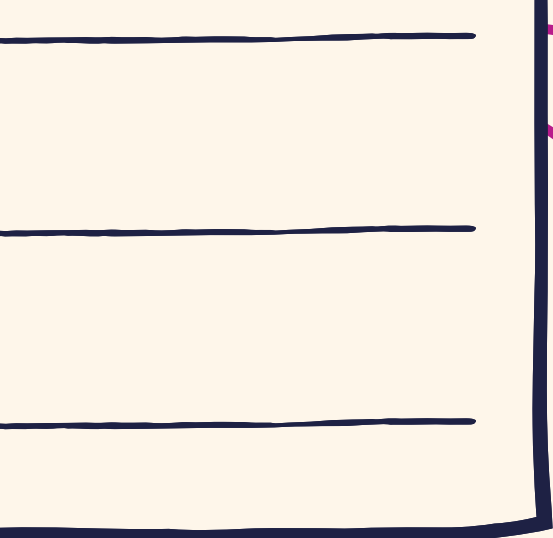
PRAYER REQUESTS FOR OTHERS:

We believe that when we pray, it makes a difference.

Ephesians 6:18 says that we should pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people.



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PLAN YOUR DAY OF PRAYER BELOW





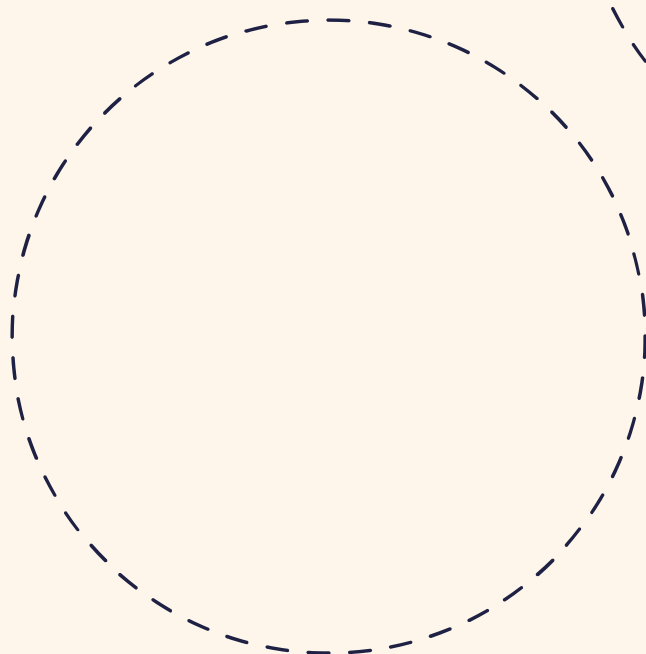
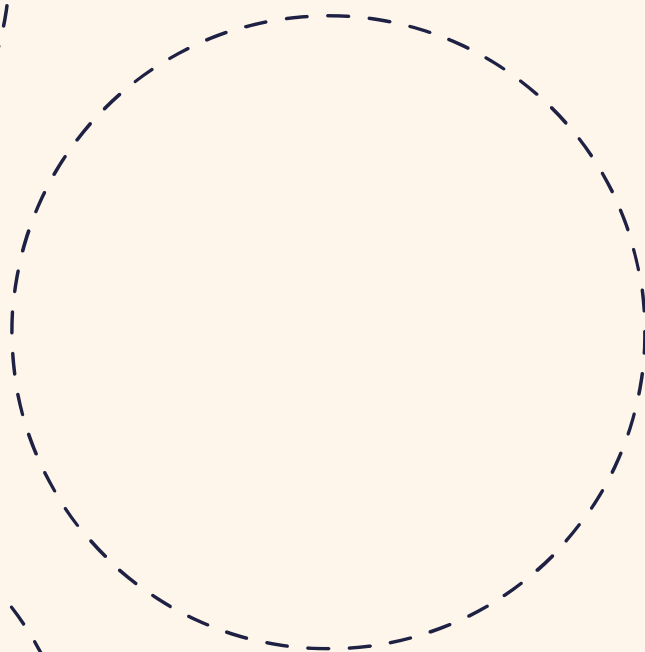
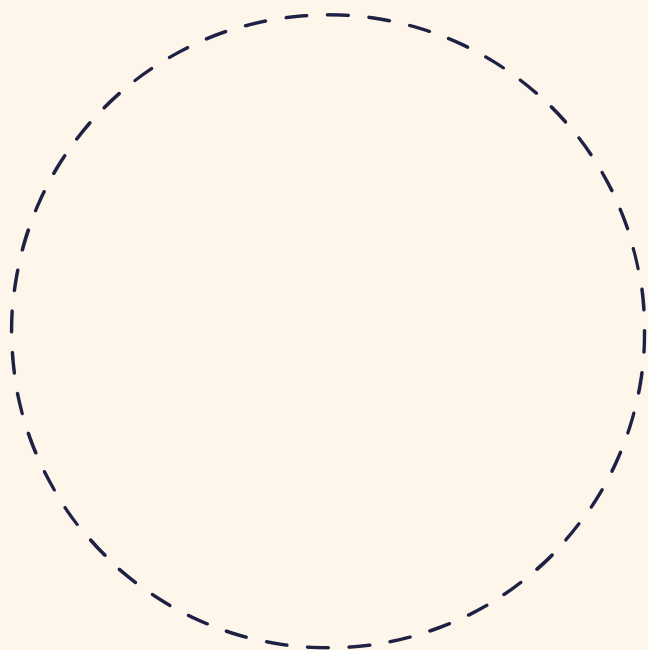
WHAT HELPS YOU PRAY?

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WHAT STOPS YOU FROM PRAYING?

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**WRITE SOME THINGS YOU'RE
GRATEFUL FOR**



***USE THE SPACE ABOVE TO CAPTURE
WHAT GOD'S TALKING TO YOU ABOUT***

This question prompt was asked a few pages back.
Reflect on what you wrote on that previous page. How
have you seen God work and move?



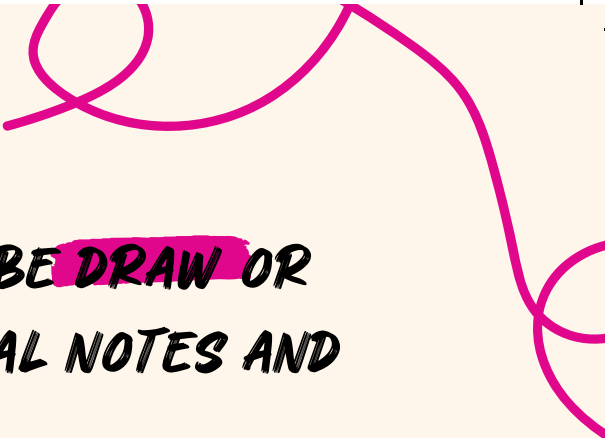
USE THIS PAGE TO CREATE
SOME SCRIPTURE
LETTERING, LIKE THE
EXAMPLE BELOW

TAKE
heart MY
child
YOUR SINS ARE FORGIVEN.
matthew 9:2

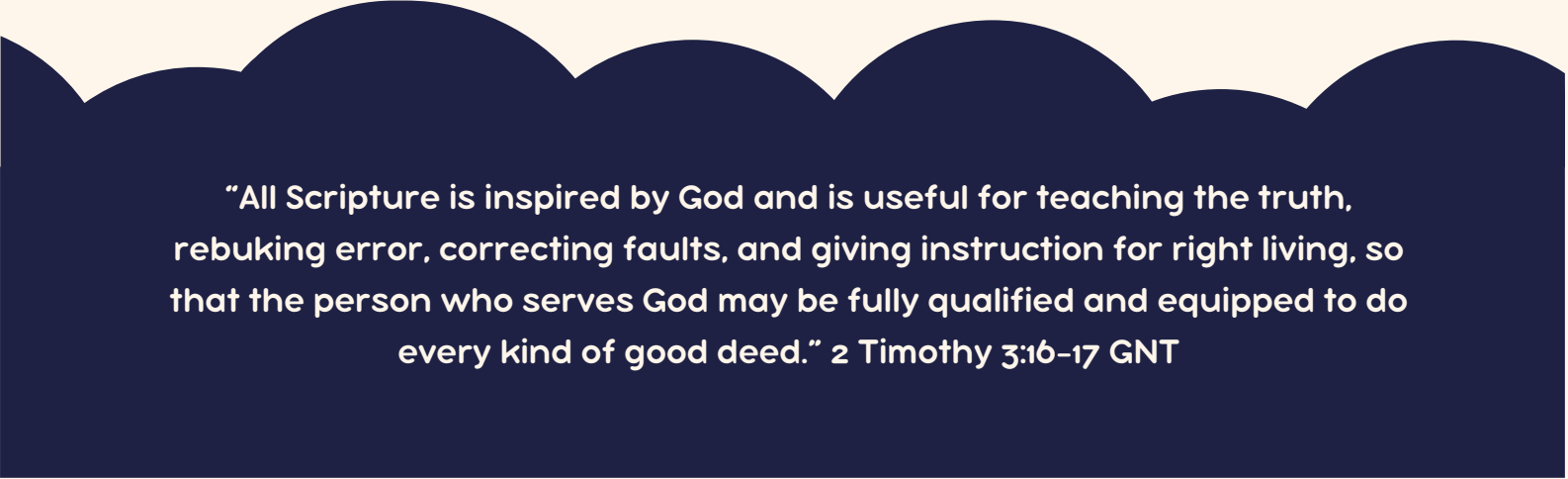
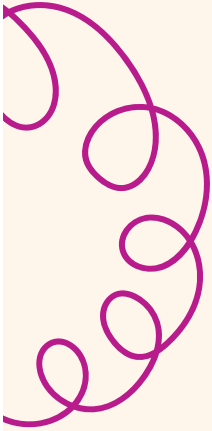
LORD, GIVE ME THE STRENGTH FOR...

Psalm 28:7 says "The Lord protects and defends me; I trust in him. He gives me help and makes me glad; I praise him with joyful songs." Let's come to God with bold prayers. Lord, will you please give me strength for...






WRITE A VERSE BELOW, MAYBE **DRAW** OR
DOODLE AROUND IT OR JOURNAL NOTES AND
PRAY OVER IT



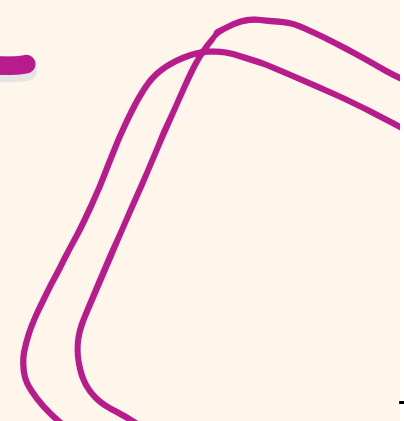
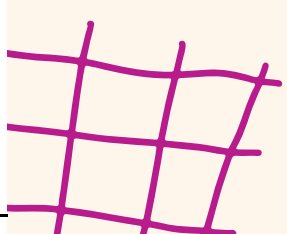
"All Scripture is inspired by God and is useful for teaching the truth,
rebuking error, correcting faults, and giving instruction for right living, so
that the person who serves God may be fully qualified and equipped to do
every kind of good deed." 2 Timothy 3:16-17 GNT

PRAYER MIND MAP





**LIST SOME DREAMS
THAT YOU'D LIKE TO SEE
GOD'S HAND IN BELOW**



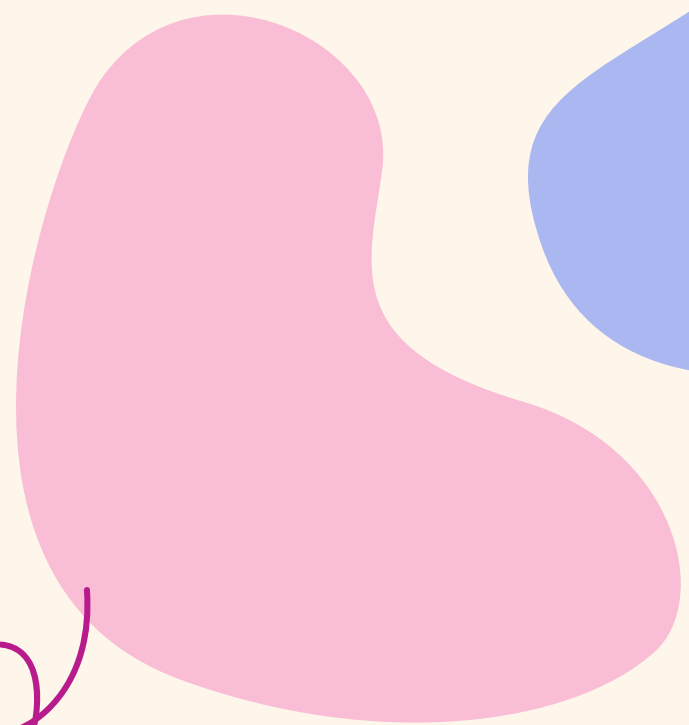
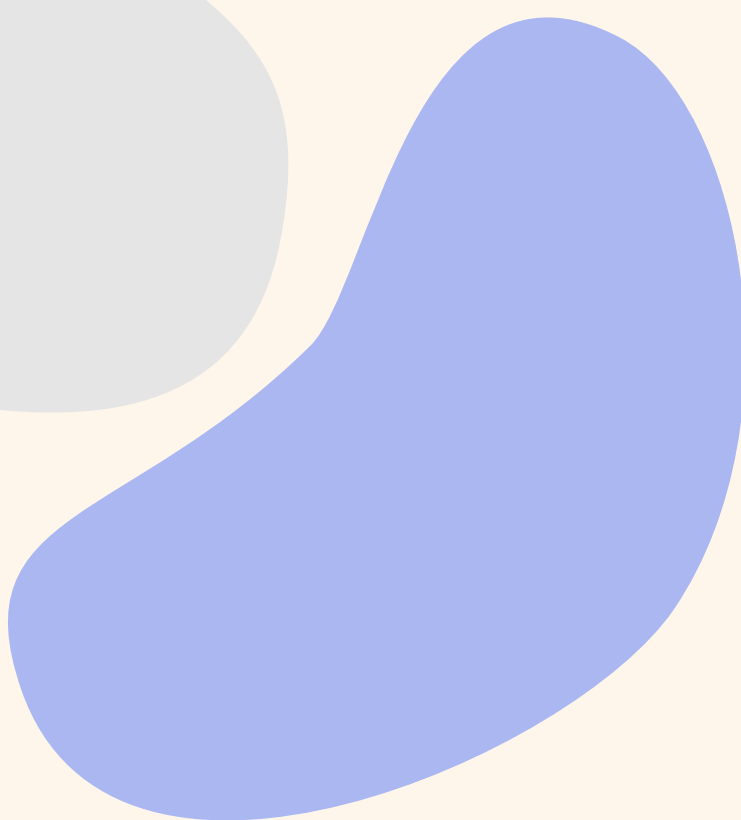
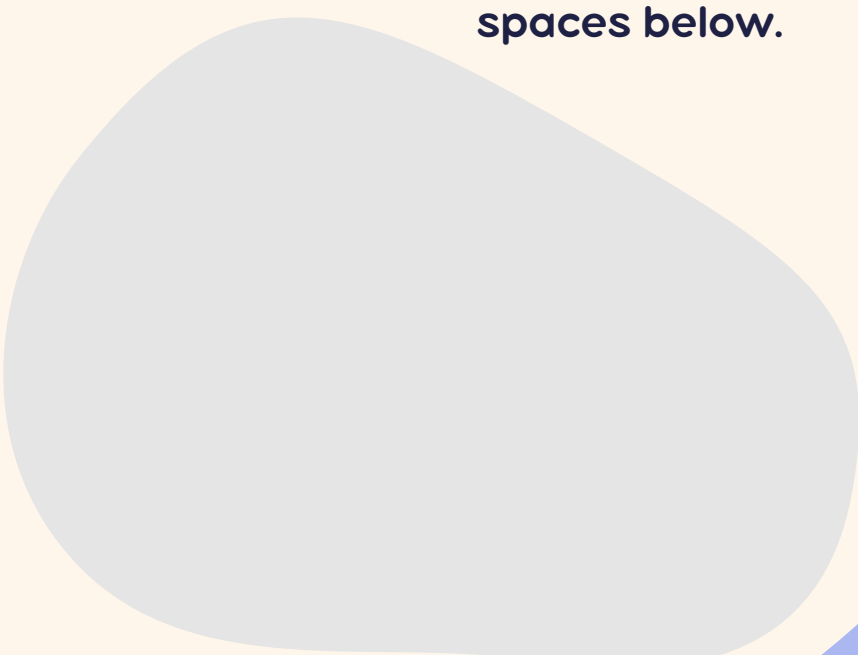
ANSWERED PRAYER (PRAISE) LIST





PRAY FOR OUR WORLD

The world is beautiful, but we also know that it is broken.
Take a moment to stop and pray for different parts of our
world. You might like to write your prayers in the
spaces below.



**This is a brilliant tool for personal reflection and
creative journaling.**

**We believe God is always speaking to us, but sometimes it's
easy for us to miss it. We've provided you with pages of
reflective tools to creatively listen and respond to what God
is saying.**

Share your progress by tagging us on social media. You can find us at:

I: @missionalgeneration F: Missional Generation T: @missionalgen

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