May the Force Be With You

This is a session that is fully usable online over zoom or similar platforms. It is a session that works really well over this coming week as we approach May 4th and explores the role of the Holy Spirit in each of our lives.

**Preparation before the session:**
It might be fun to suggest that young people dress up in a Star Wars themed outfit using items from around the house. You can also use the following link for participants in the zoom chat to set a Star War’s background. [https://www.starwars.com/news/star-wars-backgrounds](https://www.starwars.com/news/star-wars-backgrounds)

Use this Spotify link, if you would like to set the atmosphere with some music as young people join the zoom chat room. [https://open.spotify.com/track/7a9UUo3zfFlD7ki2fTQjRLi?si=NGN2k7aNTPCpvswoQqeziQ](https://open.spotify.com/track/7a9UUo3zfFlD7ki2fTQjRLi?si=NGN2k7aNTPCpvswoQqeziQ)

**Star Wars intro video:**
You might want to prepare a Star War’s intro with text that links to your group and the theme of the Holy Spirit by clicking on this link. We suggest you don't download this video as it could take some time. However, you can create a video and then share your screen on the zoom chat. [https://starwarsintrocreator.kassellabs.io](https://starwarsintrocreator.kassellabs.io)

**Icebreaker game:**
Start the session with a Treasure hunt around the home. Ask the young people to find something linked to the following themes. (These themes will all be linked to the roles of the Holy Spirit but that doesn’t need to be explained during the game).

**Things to look for**
- Instruction manual
- Something that brings you comfort
- A Guide
- Something that helps you do something
- Something that brings protection
- Something that gives you strength
- Something powerful
- Something you might use to remind yourself of something

When young people have brought the items back, ask them to give a quick explanation of what they have brought.

**Short talk & discussion.**
Please use some of the ideas and thoughts below but do adapt them as would work well for your group. Some will want to go deeper than others in discussions. There are some youtube Disney clips that link to the themes too so these can be used to get the young people thinking about each role of the Holy Spirit that we are looking at.
Use some of the items that young people brought back to explain that each of these items can be linked to the Holy Spirit. We are thinking of ‘May the Force be with you’ and as a Christian we believe that we all have the option to have God the Holy Spirit with us. He is more powerful than any other force and can help us in so many ways.

Talk about the themes and link them to the Bible passages. Maybe ask the young people to read the passages out to each other.

**Instruction manual** – the Bible talks about the Holy Spirit instructing us. We see in Acts 16: 6 – 7 that Paul and his friends were instructed by the Holy Spirit to take another route when they were preaching the gospel. Do you think God instructs people today? How might He do this?

**Video clip linked to instruction** - Ratatouille - Remy Drives Linguini - [https://www.youtube.com/watch?v=lp2KlFqY6mi](https://www.youtube.com/watch?v=lp2KlFqY6mi)

**Comforter** – the Holy Spirit is also a comforter. Someone who brings comfort in difficulties or in times when you need peace. **John 14: 26 talks about the Holy Spirit being the comforter.** In some translations it will say the advocate. But it talks to us about the fact that the Holy Spirit is there to walk through difficult situations with us and bring comfort. In what parts of your life would you like to ask the Holy Spirit to bring comfort?

**Video clip linked to comforter** - Star Wars The Clone Wars Master Yoda Talks to the Clones about them being Unique - [https://www.youtube.com/watch?v=elFQlaW0_VE](https://www.youtube.com/watch?v=elFQlaW0_VE)

**Guide** – Have you ever been on a journey and got lost? Or had decisions to make and not known which way to turn? In these situations you need a guide, someone to help you to make the right steps going forward. The Bible tells us that one of the roles of the Holy Spirit is to guide us. **John 16: 13 says, ‘When the Spirit of truth comes, he will guide you into all truth’.** How amazing is that! God the Holy Spirit wants to guide us and help us in the direction our life takes and in the detail of our day to day life. Today, why not spend some quiet time with God and ask Him to guide you. Remember to spend time waiting on Him and listening. Perhaps jot down any thing you think God might be saying.

**Video clip linked to guide** - The Lion King 3D - 'Morning Lesson With Mufasa'- Official Disney Movie Clip- [https://www.youtube.com/watch?v=bW7PITaawfQ](https://www.youtube.com/watch?v=bW7PITaawfQ)

**Helper** – In these times of quarantine and self-isolation, you may sometimes wonder where to turn for help. I hope you know you have the help and support of people within this group, Church and also wider circles of friends. But, even when we feel really alone, it is an incredible truth that God the Holy Spirit is always there to help. **John 14:26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.** How could you ask the Holy Spirit to help today?

**Video clip linked to helper** - Hello I am Baymax (Big Hero 6) [https://www.youtube.com/watch?v=FmaJPV1okPo](https://www.youtube.com/watch?v=FmaJPV1okPo)
Reminder – John 14: 26 tells us that the Holy Spirit will remind us of the things Jesus taught us. In this time of self-isolation, why not start a new daily routine where you ask the Holy Spirit to remind you of the good things of Jesus? Use your Bible or Bible app to look up any points that the Holy Spirit reminds you of.

Reminder video clip - Finding Dory - Dory Remember https://www.youtube.com/watch?v=npD-IYXLYR4

Protector – In life we use many things to protect ourselves. We might use anti-virus software on our IT equipment, we’ll hopefully put sun cream on to stop the damage to our skin from the powerful rays of the sun and we wear our seatbelt to protect ourselves from injury on car journeys. Think for a moment about the Holy Spirit as the protector. 2 Thessalonians 3: 3 says, ‘But the Lord is faithful, and he will strengthen you and protect you from the evil one’. Place your trust in the Holy Spirit today and ask Him to bring protection.

Protector video clip - Zootopia - "Have a Donut" Clip https://www.youtube.com/watch?v=FK3dJAmow4M

Strengthener – People who go to the gym or do weight bearing exercise do so to strengthen their muscles. In the same way that our muscles and bodies need to be worked on, our spiritual selves need to be strengthened too. We will all go through difficult times, but as we go through these difficult times the Holy Spirit is there to strengthen us and in doing so help us to walk through that circumstance. Philippians 4: 13 says, ‘I can do all things through Him who gives me strength’. The Holy Spirit gives us strength and helps us to face the challenges we face. (Worth noting though: we all have times when we struggle and the Bible talks often about us getting alongside each other and cheering each other on. Alongside being a strength, the Holy Spirit also places people around us who can help us and support us so please always know that you can share your burdens with others. People are a gift from God to help us through challenges).

Strengthener video clip - Cars last Race https://www.youtube.com/watch?v=dR5KEnykwBw

Wordsearch speed challenge:

As a way to remember some of the words that are used to describe the Holy Spirit we want you to complete the wordsearch as quickly as possible. See the attached PDF. Young people complete the wordsearch on the screen by selecting the drawing feature in PDF to draw on top of the wordsearch or they can print if off and draw on it and then show it on the screen.

Response 1 Read over John 14:26
We used the verse John 14: 26 to explain a number of the different ways the Holy Spirit helps us. Why not look at this passage each day this week and ask the Holy Spirit to speak to you and remind you of his strength, power and help?

Response 2 Pray as you go
Invite the young people that after the session as they take each item back to where it belongs, use it as an opportunity to pray. Consider the different roles of the Holy Spirit and think about what would help you in your life today. Select one of these roles of the Holy Spirit and pray that He would reveal more of this to you.
Next, ask each young person to ask the Holy Spirit to bring two friends to mind that He would like you to pray for. Tell those friends that this week you will be praying for them. If you want to, you could challenge yourself further and run the treasure hunt activity yourself as a way of chatting to your friends about who the Holy Spirit is. We’d love to hear your stories of how God has used this time.

The Holy Spirit

- Comforter
- Guide
- Helper
- Instructor
- Protector
- Reminder
- Strengthener
Over this time of quarantine, you may be looking for other resources to connect with young people. Our digital takeaway box will give you resources that use Augmented Reality and Virtual Reality to explore faith, mission and evangelism. Please take a look by visiting https://www.missionalgen.co.uk/digital-take-away-box/

Until the end of May, you are able to get 15% off all the resources in our shop by using the code MG15.